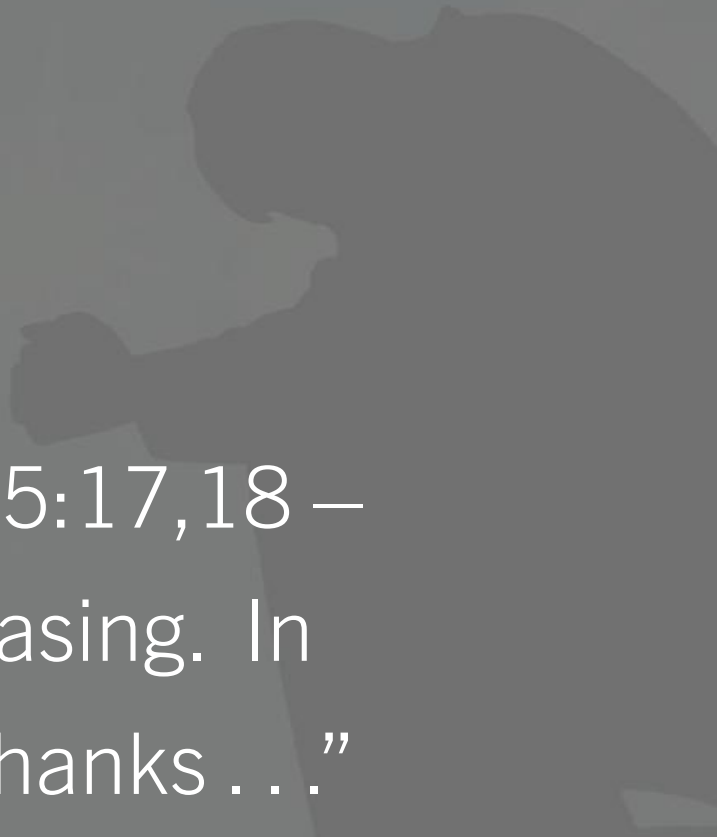


A dark silhouette of a person in a prayerful posture, with hands clasped and head bowed, set against a lighter grey background. The silhouette is positioned on the right side of the frame, partially overlapping the main text area.

BIBLE-SHAPED PRAYER

PRESSING PRAYER – PRAYER IN A STATE OF URGENCY

- A cry of help!
- A shout for praise!
- A demand for justice!
- A request for judgment on enemies!

A dark silhouette of a person in a prayerful posture, with hands clasped and head bowed, set against a lighter grey background. The silhouette is positioned on the right side of the slide, partially overlapping the text area.

**PERSISTENT
PRAYER –
PRAYER IN THE
MIDST OF
ACTIVITY**

1 Thessalonians 5:17,18 –
“Pray without ceasing. In
everything give thanks . . .”

**PATTERNED PRAYER –
PRAYER AFTER THE
PATTERN OF SCRIPTURE**

A close-up photograph of a person's hands clasped in prayer, resting on an open Bible. The person is wearing a light blue long-sleeved shirt. The Bible is open, showing two pages of text. The lighting is soft and focused on the hands and the Bible. The background is dark and out of focus.

**PATTERNED PRAYER IS
FUNDAMENTALLY SHAPED, MOLDED,
AND CONTOURED BY THE VERY
WORDS OF SCRIPTURE.**

Matthew 6:9-13 - Our Father which art in heaven,
hallowed be thy name, thy kingdom come, thy will be done
on earth as it is in heaven. Give us this day our daily bread
and forgive us our trespasses as we forgive those who
trespass against us. And lead us not into temptation but
deliver us from evil. For thine is the kingdom and the
power and the glory for every. Amen.

WHERE ELSE DO WE SEE *PATTERNED* *PRAYER* IN SCRIPTURE?

- Psalms – the psalms form a book of prayers
- Jonah 2:1-9 – almost all of Jonah’s prayer is taken from various psalms
- 2 Chronicles 20:5-12 – Jehoshaphat’s prayer is taken from 1 Kings 8
- Habakkuk 3 – much of Habakkuk’s prayer is drawn from Exodus 15
- Luke 1 – some of Mary’s Magnificat is patterned after Hannah’s prayer in 1 Samuel 2

WHY IS PATTERNED PRAYER A WORTHY PRACTICE?

- 1) Patterned prayer fosters consistent habits in prayer because I confidently pray according to God's will.*
- 2) Patterned prayer cultivates communion with God because I sincerely speak His heart and mind on every matter.*
- 3) Patterned prayer gradually shapes my priorities because I begin to understand Divine priorities.*
- 4) Patterned prayer develops within me a keen sense of dependence because I see the vanity of selfish prayer.*
- 5) Patterned prayer helps me to faithfully target the greatest areas of human need rather than superficial concerns.*
- 6) Patterned prayer helps me to narrow my focus on individual needs rather than always praying in broad generalities.*

How can I incorporate *patterned prayer* into my own prayer life?

P – Praise

R – Repent

A – Ask

Y – Yield

Sunday

Praise – Psalm 8

Repent – Psalm 51:1-3

Ask – Colossians 4:12

Yield – Psalm 40:8

Tuesday

Praise – Isaiah 40:15-17

Repent – Psalm 51:7-10

Ask – 2 Thessalonians 1:11-12

Yield – John 4:34

Monday

Praise – Isaiah 40:12-14

Repent – Psalm 51:4-6

Ask – Philippians 1:9-11

Yield – Luke 22:42

Wednesday

Praise – Isaiah 40:18-21

Repent- Psalm 51:11-13

Ask – Colossians 1:9-11

Yield – John 5:30

Thursday

Praise – Isaiah 40:22-25

Repent – Psalm 51:13-17

Ask – Ephesians 3:14-19

Yield – John 6:38

Friday

Praise - Isaiah 40:26-28

Repent – 1 John 1:9

Ask – Ephesians 1:16-19

Yield – Philippians 2:8

Saturday

Praise – Isaiah 40:29-31

Repent – 2 Corinthians 7:10-11

Ask – 1 Thessalonians 3:12-13

Yield – Matthew 6:10